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EMMANUEL  
...where hearts find a home

May 17th, 2009

**Family Fysique:  
Let's get fysical**

# Evidence of an Epidemic of Family Illness in America

- 49% of American marriages end in divorce
- 82% of all married couples reach their 5<sup>th</sup> wedding anniversary BUT only
- 52% will celebrate 15 years of marriage
- Median duration of first marriages is less than 8 years

- 38% of all births were to unmarried women
- 46.8% of all high school students report having sexual intercourse
- 1 in 4 girls are sexually abused before age 18
- 1 in 6 boys are sexually abused before age 18

- According to the Centers for Disease Control 32 million Americans (10% of the population) are impacted by domestic abuse

- Approximately 43% of the American population has a family member who is an alcoholic

- 26% of 12<sup>th</sup> graders report having 5 or more drinks in a row in the last 2 weeks
- 10% of 8<sup>th</sup> graders report the same
- 21.9 % of 12<sup>th</sup> graders say they have used illegal drugs in the past 30 days

When the man of God saw her at a distance, he said to his attendant Gehazi, "Look, there's the Shunammite woman. Run out to meet her and ask, 'Are you all right? Is your husband all right? Is your son all right?'" And she answered, "Everything's all right." (2 Kings 4: 25 – 26 HCSB)

**Vital sign # 1 -**

**Temperature**

**Is your home feverous  
with anger?**

**Be angry and do not sin. Don't  
let the sun go down on your  
anger, and don't give the Devil  
an opportunity. (Eph. 4: 26 - 27  
HCSB)**

**Vital sign # 1 -**

**Temperature**

**Is your home feverous  
with anger?**

- **Control your anger scripturally**
- **Cancel your anger speedily**
- **Combat your anger  
supernaturally**

**Vital sign # 1 -**

**Temperature**

**Is your home freezing  
with apathy?**

**They became callous... (Eph. 4:  
19 HCSB)**

**"Because lawlessness will  
multiply, the love of many will  
grow cold." (Matt. 24: 12 HCSB)**

**Vital sign # 2 - Pulse or heart rate**

**What's the heartbeat of your home?**

- Does your home have a heartbeat for the presence of God?**

# Vital sign # 2 - Pulse or heart rate

What's the heartbeat of your home?

- Does your home have a heartbeat for the principles of God?

Vital sign # 2 - Pulse or heart rate

What's the heartbeat of your home?

- Does your home have a heartbeat for the purity of God?

# Vital sign # 3 - Blood pressure

What's flowing through the arteries of your home?

All bitterness, anger and wrath, insult and slander must be removed ..., along with all wickedness. (Eph. 4: 31)

# Vital sign # 3 - Blood pressure

What's flowing through the arteries of your home?

- Is it resentment?
- Is it rage?
- Is it ridicule?
- Is it rebellion?

# Vital sign # 4 - Respiratory rate

What air are you  
breathing in your home?

- Is it the air of acceptance or non-acceptance?
- Is it the air of blessing or curse?

**Vital sign # 4 -**

**Respiratory rate**

**What air are you  
breathing in your home?**

**•Is it the air of truth or  
deception?**

**•Is it the air of unconditional  
love or conditional love**

# Vital sign # 5 - Pain

Is your pain bad enough  
to do something about  
it?